

The iMH Difference

Evidence-based treatment and
positive patient outcomes



An Aurora Partnership

In 2023, Aurora partnered with Medibank to create the new mental health model iMH.

In 2023, Aurora partnered with Medibank Private to introduce a new model of private mental health care.

The model focuses on providing flexible care pathways including a range of out-of-hospital services such as in-home care and telehealth, as well as care coordination which runs across all services both inpatient and community.

The iMH hospitals offer these services with no additional costs for patients with eligible private health insurance, apart from any excess or co-payment that would normally apply. These services are typically not included under a traditional psychiatric model of care in the private system.

Aimed at providing greater access, choice and flexibility to mental health services, the 50/50 joint venture, known as iMH, will initially invest \$31 million into three hospitals delivering a combined 153 new mental health beds and comprehensive out-of-hospital support.

The partnership will draw on Aurora Healthcare's established mental health expertise and the combined experience of both Aurora Healthcare and Medibank's Amplar Health business in introducing innovative models of care across Australia.

Aurora Healthcare will contribute two hospitals in New South Wales and the Australian Capital Territory to iMH, with its Hironnelle Private Hospital in Chatswood to be converted into a 45-bed mental health facility, while Deakin Private Hospital in Canberra which opened in March 2023 features 52 beds, including the city's first dedicated private adolescent and young adult unit.

The joint venture will invest in a new specially designed 56-bed mental health facility to be built in Alexandria, New South Wales.

There are four high-priority locations earmarked in the next 24 months for acquisition to further iMH's footprint.

Our Vision

Seamless and integrated mental health care available to everyone, when and where they need it.



iMH is providing an innovative model of private mental health care. It will complement Aurora Healthcare private mental health hospitals and expand the variety of services that we offer.

Aurora Healthcare and Amplar Health share a vision to make private mental health services nationally accessible. In 2023 Aurora Healthcare and Amplar Health launched iMH's flagship private mental health hospital, Deakin Private Hospital.

The service model underpinning iMH is focused on preventing avoidable hospital admissions and readmissions whilst supporting the patients' recovery in the longer term through a range of innovative community based services which can be tailored to the patients needs.

iMH proudly provides mental health treatment and services for patients across the age spectrum from adolescents to older persons.

Key specialty areas of focus include mood disorders, adolescent and adult mental health, addictive disorders, personality disorders and anxiety disorders.

The cornerstones of our success are the result of:

- Psychiatrist-led treatment plans tailored to patient needs and goals
- Variety and breadth in treatment options inside and outside of the hospital

- Disciplined expansion and acquisition of healthcare facilities in communities with long term demand
- Care coordination and in-home support to patients in a recovery model of care
- Choice and flexibility with wrap around services and where and when they can be accessed
- Extending and enhancing treatment for patients in both home and community settings, without incurring out-of-pocket costs
- Offering additional services that are typically not provided under a traditional mental health model of care in the private system
- Strong collaboration between Aurora and iMH hospitals to support interservice pathways.
- We are committed to being an employer of choice to our doctors, specialists and staff.

iMH is committed to being a company of choice to our doctors, specialists and staff.

Innovative private mental health model

Aurora + Amplar Health (part of Medibank)

3 new hospitals
x2 NSW
x1 ACT



153 new mental health beds



Flexible care pathways and support

Overnight hospital

Day hospital

Community care

Range of additional mental health treatment (clinician-led)



In-home



Care coordination



Group therapy



Individual telehealth



Post-discharge support



2 hospitals
1 Sydney greenfield
in Australia



153
mental health beds



Mental health specialties:

- Mood disorders
- Adolescent and young adult mental health
- Addictive Disorders
- Personality Disorders
- Anxiety Disorders



Innovation in service delivery includes care coordination, post-discharge transition support and outcome monitoring, and digitally-enabled wraparound services like online telehealth

February 2023

The inaugural iMH service, Deakin Private Hospital opens. Hironnelle Private Hospital closes as an Aurora Healthcare facility.

iMH mental health beds are commissioned at the Hironnelle site.

Early 2024

Hironnelle Private Hospital set to open as iMH's second private hospital.

2026

Sydney greenfield Alexandria is earmarked for completion

2024 onwards

4 additional site opportunities are identified in new geographies



Deakin Private Hospital

Deakin Private Hospital provides integrated private mental health services to the ACT community. Their team of psychiatrists, medical, nursing and allied health professionals provide a wide range of treatments across inpatient, outpatient and community settings through flexible care pathways.

Facilities

- 52 premium rooms
- Art and Music therapy rooms
- Garden areas, gym and basketball court
- Visiting area and private environments
- Onsite private practice

Mental health services

- Psychiatrist-led services
- Overnight and day hospital
- Care coordination (intensive)
- Day group therapy
- Community mental health
- Additional services, including telehealth, care coordination, group therapy and extended post discharge support



Deakin
Australian
Capital Territory



52
mental health
beds



A 63 Denison St
Deakin ACT 2600
T 1800 961 391
F 02 5114 8399
W deakinprivate.com.au

For more information contact
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Coming 2024 Hironnelle Private Hospital

Hironnelle Private Hospital will provide integrated private mental health services to the South Sydney community.

With 45 mental health beds, their team of psychiatrists, medical, nursing and allied health professionals will provide a wide range of treatments across inpatient, outpatient and community settings through flexible care pathways.



Chatswood
New South Wales



45
mental health beds

For more information contact
laura.barnett@imh.com.au

Coming 2026 Alexandria Private Hospital

Alexandria Private Hospital will provide integrated private mental health services to the Alexandria NSW community.

With 56 mental health beds, their team of psychiatrists, medical, nursing and allied health professionals will provide a wide range of treatments across inpatient, outpatient and community settings through flexible care pathways.



Alexandria
New South Wales



56
mental health beds

For more information contact
joanne.levin@imh.com.au



The iMH patient experience

- Integrating inpatient and out-of-hospital care helps patients access support when and where they need it
- Flexible care pathways enable tailored treatment journeys, where the care setting can be adjusted during the admission to facilitate treatment delivery in the setting best suited to patient recovery and treatment progress
- Patients receive continuity of care across private hospital and community settings
- The clinical model enables patients to maintain their connection to their everyday life as far as possible during their admission and treatment
- Patients will be collaborative partners in care with their admitting psychiatrist

We work in partnership with VMO's

What are the advantages of working in a private practice co-located with an Aurora Healthcare or iMH hospital?

- Financial returns and attractive consultant arrangements
- Autonomy
- Lifestyle and flexible work hours
- Control over your own practice
- Ability to choose your patient mix and treatment
- Inpatient and outpatient service mix
- Continuity of care for your patients
- Wrap-around administrative support
- Access to an extensive referral pool
- Marketing and business development
- Peer support and collaboration
- Extensive senior clinical supervision
- Choice and access to additional treatment modalities
- Modern, progressive facilities and services
- Leadership and innovation in mental health service delivery
- Opportunity to participate in research projects and pilots

Co-location with a private hospital allows for low operating costs with respect to a private practice, and the added gain of being able to benefit from the large number of direct hospital referrals whilst also having access to the extensive network of external referrers that are already engaged with the hospital.

Marketing and business development will work with you to arrange GP liaison meetings, presentations, promotional materials on site and on our websites and social media channels, to raise your profile and increase your referral base to grow your business.

One of the most attractive features of working with Aurora and iMH is the peer support. Working in an environment with a highly skilled multi-disciplinary team and access to MDT provides a connected support network unmatched in Australia.

The iMH Model of Care



Psychiatrist-led services



Community Mental Health



Overnight and Day Hospital



Additional services, including telehealth, care coordination, group therapy and post-discharge support

Care pathways and treatment options

Our new model of care offers tailored and flexible approaches to in-hospital and in-home mental health care. Treatment recommendations are in consultation with the treating psychiatrist. Our care pathways can be accessed directly, there is no requirement for an inpatient admission to access.

Our patients receive the right level of care at the right time – from overnight hospital stays, day hospital attendance including group therapy, to community-based treatment including telehealth and mental health support in the home.

Care coordination

Care coordinators will be on staff to ensure that admitted patients smoothly transition between inpatient, outpatient and community settings, and to support patients during the post-discharge period.

Admissions coordination

Admission and Assessment Coordinators with local hospital knowledge provide preadmission screening and risk assessment for potential patients and will liaise with admitting specialists to confirm patient service eligibility and an admission.

Overnight admissions

The length of an overnight admission will be determined by the treating psychiatrist and in consultation with each patient.

Day programs and inpatient groups

A range of evidence-based specialty day programs will be available to patients, as well as a tailored inpatient group program with both set and elective modules that patients can opt-in to attend

Intensive Day Hospital

Providing a tailored experience for patients through both individual and group therapy.

Community care

Community care can be used as an alternative to overnight admissions, as a part of a patient's discharge plan or used in conjunction with day programs.

Extended post discharge follow up

Undertaken by the Care Coordinators who have worked closely with patients across their care continuum providing ongoing support for up to 12 weeks post discharge.



A well supported place to work

Clinical governance

- Chief Medical Officer
Dr Mark Spelman
- National Medical Advisory Chair
Dr Michael Hagan

Aurora Healthcare and iMH have hospital by-laws that set out all aspects of clinical governance. All hospitals have internal and external peer support groups.

The hospitals have a variety of advisory committees for medical staff to attend along with annual and regular strategic planning, to enable involvement in shaping the direction of the hospital and service development.

Clinical Reference Group

Opportunities to join the National Mental Health Clinical Reference Group will be available by Expression of Interest. When you join Aurora or iMH, you also join a network of experienced, highly qualified specialist peers.

Practice management

Join a private hospital with a co-located private practice. With brand new facilities, modern technology and practice management in place, your private practice experience will be comfortable and fully supported.



To learn more about
opportunities with iMH, contact

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